

## LUNCH AUGUST 2025



LIFFOWERED.				
Monday	Tuesday	Wednesday	Thursday	Friday
				O1 Bagel Day WG Plain Bagel, 2oz Mozz Cheese Stick, 1oz WOW Butter, 1.1oz Celery, 1/2c Strawberries, 1/2c Cream Cheese, 1ea 1% White Milk, 6 # of Leftovers
04 Sunbutter Sandwich Sunbutter Sandwich, 2.6oz Mozzarella Stick, 1oz WG Cheddar Crackers, .75oz Broccoli, 1/2c Apple, 1/2c FF Chocolate Milk, 8oz	05 Cracker Stacker Turkey Ham Squares, 2oz Cheese Cubes, 1oz WG Crackers, .7oz (4ea) Carrots, 1/2c Plum, 1/4c Ranch, 1ea 1% White Milk, 8oz	O6 Parfait Day Vanilla Yogurt, 4oz Soy Nuts, 1oz Granola, 1oz Pretzels, .75oz (1ea) Diced Peaches, 1/2c Blueberries, 1/4c FF Chocolate Milk, 8oz	O7 Grilled Chicken Salad Grilled Chicken, 2oz Cheese Cubes, 1oz WG Dinner Roll, 1oz WG Croutons, .25oz (1ea) Romaine Lettuce, 3/4c Grapes, 1/2c Ranch, 1ea 1% White Milk	08 Ham and Swiss Sliced Turkey Ham, 2oz Monterrey Jack Cheese, .75oz Pretzel Roll, 2oz Carrots, 1/4c Cantaloupe, 1/2c Mustard, 1ea Ranch, 1ea FF Chocolate Milk, 8oz  # of Leftovers
11 Bite Size Turkey Bites, 1oz Cheese Stick,1oz Pretzels, .7oz Grape Tomatoes, 1/2c Plum, 1/4c Ranch, 1ea 1% White Milk, 8oz	12 Southwest Pita Grilled Chicken, 2oz Cheddar Cheese, 1oz WG Pita, 2oz Peppers, 1/3c Nectarine, 1/2c Taco Sauce, 1ea FF Chocolate Milk, 8oz	13 Turkey on Oat Bread Sliced Turkey, 2oz Provolone Cheese, 1oz Oat Bread, 2oz Vegetable Sticks, 1/2c Flavored Applesauce, 1/2c Mayo, 1ea Ranch, 1ea 1% White Milk, 8oz	14 It's Brunch Time! Hardboiled Egg, 1ea Strawberry Yogurt, 4oz WG Blueberry Muffin, 2oz Carrots, 1/2c Plum, 1/4c Ranch, 1ea FF Chocolate Milk, 8oz	15 Chicken Dippers WG Breaded Nuggets, 3oz (5) WG Sun Chips, 1oz Broccoli, 1/2c Watermelon, 1/2c BBQ Sauce, 1ea Ketchup, 1ea Ranch, 1ea 1% White Milk, 8oz





\*\* Use the boxes to help you keep track of your leftovers \*\*

 $Contact\ Jessica\ Willis\ at\ (630)\ 443-6910\ x144\ to\ adjust\ your\ delivery\ amounts\ so\ that\ you\ are\ able\ to\ use\ up\ all\ of\ your\ leftovers$ 

All Grains are whole grain or whole grain rich